



Page 3 – Detroit City Council Approves Riverside Park Land Transfer Agreement

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Reconstruyendo el barrio: Detroit Future Ops

Por Irma Maribel Andrade

A principios de este mes, Detroit Future OPS (Operaciones Futuras de Detroit) fue anunciado como uno de los ganadores, de la subvención de la Ronda 21 de Motor City Match, otorgándoseles 65,000 USD en efectivo, que planean usar para completar la construcción de su Diseño de Construcción Green Hub (Centro Verde). Ubicado en 1326 calle 18º, el cual será la base de operaciones de Detroit Future OPS (DFO por sus siglas en inglés). “El proyecto es un espacio físico de construcción inclusivo, con una misión fundamental de preservar la cultura del vecindario y crear oportunidades tangibles para los habitantes de Detroit”, anunció la fundadora Tanya Saldivar-Ali. Después de 15 años en la industria de la construcción como Directora de Desarrollo Comercial y cofundadora de AGI Construction, Tanya Saldivar-Ali ha sido una pieza fundamental en la transición de AGI como empresa contratista a empresa de

Desarrollo de Proyectos. Tanya y su esposo, el sargento Luis Ali, cofundaron AGI Construction en 2008, remontándose tío del Sr. Luis Ali, un carpintero sindicalizado en Detroit. En primera instancia su tío le propuso a Luis que considerara convertirse en electricista cuando regresó a Detroit en 2001, después de servir en la Fuerza Aérea de los EE. UU. justo después de terminar la escuela secundaria, sin embargo, el Sr. Ali se retiró recientemente de una unidad militar de construcción pesada llamada Red Horse con 26 años de servicio en la USAF. “Ellos vivieron y aprendieron muchas lecciones difíciles al tratar de hacer crecer nuestro negocio...Nos dimos cuenta de que tener todas las certificaciones no era suficiente para crecer en escala. Estábamos experimentando muchas barreras y desafíos con el acceso al capital, la oportunidad directa, las tutorías y realmente entendíamos cómo escalar al siguiente nivel”, dijo Tanya.

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[Re]Building the Barrio: Detroit Future Ops

By Irma Maribel Andrade

Earlier this month, Detroit Future Ops was announced as one of the Motor City Match Round 21 Cash Grant awardees. They were awarded a cash grant of \$65,000 which they plan to use to complete construction for their Design Build Green Hub. Located at 1326 18th Street, the hub will be the home base for Detroit Future Ops (DFO). “The project is an inclusive building physical space but also an anchor mission to preserve neighborhood culture and create tangible opportunities for Detroiters,” says Founder Tanya Saldivar-Ali. After 15 years in the construction industry as the Business Development Director & Co-Founder of AGI Construction, Tanya Saldivar-Ali has been instrumental in transitioning



President and CEO of AGI Construction Luis Ali, left, and Co-Founder and Business Development Director AGI Construction Tanya Saldivar-Ali, right, pose after a guided tour at the Design Build Green Hub. (Kopalli Media/Alejandro Ugalde)

AGI from general contractor to development. Tanya and her husband MsSgt Luis Ali, co-founded AGI Construction in 2008. The roots of AGI Construction go further back to Luis’ uncle, a union carpenter in Detroit. His uncle first proposed that Luis consider becoming an

electrician when he moved back to Detroit in 2001 after serving in the US Air Force straight out of high school. MsSgt Ali recently retired from a military heavy construction unit called Red Horse with 26 years of service in the USAF.

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Getting Help and Setting Boundaries

By Elena Dolores Solano

There is an old song by Bill Withers, Lean On Me. The song starts out with several universal truths: Sometime in our lives, we all have pain, we all have sorrow. The older we get, the more we know this is true: We will have pain and sorrow. But it’s what we do with those strong emotions and feelings that is most important. Often in our communities, there is shame attached to sadness, crying and depression. There is a shadow cast when someone says they need help. But it is essential that we remember that there will be times in our lives when we need help, when we need someone to lean on. Just like the chorus of the song, we all need someone to lead on when we are not strong. On March 11th, 27th Letter Books will present a special gathering with author Nedra Glover Tawwab in conversation with Racheal Allen on the campus of Wayne State University. Ms. Tawwab is a New York Times bestselling author. Her book, Set Boundaries, Find Peace, is a guide on the importance of

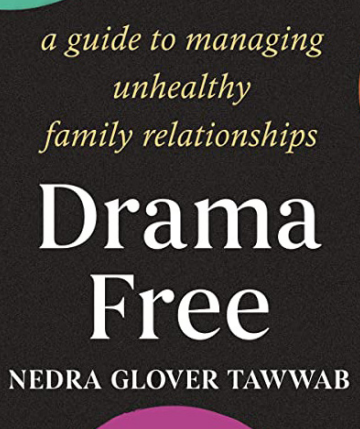
setting boundaries in our lives. Ms. Tawwab explores the need for boundaries and how the lack of them leads to anger and resentment, and can possibly lead to anxiety and depression. Set Boundaries, Find Peace explains how to set firm boundaries and be assertive for oneself. Ms. Tawwab is from Detroit, and is a graduate of Wayne State University. In addition to her bestselling book, Ms. Tawwab has been featured on numerous podcasts. She is a therapist and has a private practice for counseling, with a focus on relationships. Ms. Tawwab’s second book, Drama Free: A Guide to Managing Unhealthy Family Relationships was just released on February 28th. In Drama Free, Ms. Tawwab explores how families operate in unhealthy ways, and how family members can learn to manage those relationships. Families can be difficult and challenging, while also being loving and supportive. They are complex. It’s important to learn to navigate those relationships while also

acknowledging our needs and taking care of ourselves. Ms. Tawwab writes in a style that is open and honest. Her stories are relatable and her advice is easy to follow. Ms. Tawwab shares from her extensive experience as a therapist, and gives numerous examples of the struggles we all face. She also offers solutions. But Ms. Tawwab does something else that is crucial: She normalizes getting help and going to therapy. It is essential that we overcome our fear of getting help, and of going to therapy; we must come to a realization that there is no shame in talking to a professional counselor or social worker. There is a hope that comes from owning and sharing our truth. On Saturday, March 11th starting at 6pm, Nedra Glover Tawwab will discuss her new book, Drama Free, at Wayne State University - St. Andrew’s Hall / Memorial Episcopal Church, 5105 Anthony Wayne Drive, Detroit, MI 48202. Please see their web page or Eventbrite for additional details. If you or someone you know



(Above) Nedra Glover Tawwab, photo provided by by The Candidly Team (Below) the cover of Nedra Glover Tawwab's book, Drama Free

is in a crisis or is suicidal, please call 988 immediately for help. Elena Dolores Solano was born and raised in Detroit, Michigan. Ms. Solano is a certified school counselor and a Licensed Professional Counselor. Her writing focuses on education, mental health, community events, and her experiences growing up in a large Mexican-American family in southwest Detroit. Ms. Solano enjoys thrifting, reading, and spending time with her children, family and friends.



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Si tú o alguien que conoces necesita apoyo, llama al 988 (servicio en español) o envía un texto al 988 o chat vía 988lifeline.org (en inglés).

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[Re]Building the Barrio: Detroit Future Ops

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They “lived and learned through a lot of hard lessons with trying to grow our business” said Tanya. “We realized just having all the certifications wasn’t enough to grow in scale. We were experiencing a lot of barriers and challenges with access to capital, direct, opportunity, mentorship, and really understanding how to scale to the next level”.

Tanya credits a mentorship opportunity through Frank Venegas from Ideal Group for empowering AGI Construction to “really figure out where do we fit and where do we make the most impact”. In 2016-2017 AGI Construction was given the opportunity to build out the 6,000 sq ft basement of Cristo Rey High School, at 5679 Vernor Hwy. This was a “sink or swim” moment and they used 90 percent Detroit contractors doing everything from electrical, plumbing, to foundation and ordering kitchen appliances. By the end of the project, AGI Construction “realized that these were the kinds of projects that we wanted to focus on”.

Tanya and Luis made the intentional decision to be more than “a check off the list as a minority business” to “really create impact in our own neighborhoods by building out spaces for amazing programs that people need, to give people access to beautiful buildings, or affordable projects”. The ongoing skilled trades shortage made things even more difficult because like other construction firms they were trying to build out projects and “it was too much work and not enough workers.” During this time is when Tanya began to realize that if they didn’t secure a permanent homebase that they “would not be able to stay rooted in Southwest Detroit”.

In the 47 years that Tanya has lived and worked in Southwest Detroit, she had never witnessed gentrification. When speaking about the neighborhood Tanya said, “It has always been a beautiful community, we’ve always had a strong corridor, we’ve always had a strong small business community. Filled with beautiful people, and a lot of culture.” It took her some time to realize what was going on in Detroit because like many legacy Detroiters, she “had always known Detroit in a downturn”. When the reality of being displaced set in, it fueled her fire to say “we belong, we deserve to stay in our own community.” It is the collection of Tanya’s lived experiences, which she summarized as “Southwest love” that is the catalyst and what drove her to found Detroit Future Ops.

Doing what Detroiters do best, Tanya and Luis got to work. They acquired the property at 1326 18th St, a Queen Ann house, and started working with the surrounding community for over two years doing everything from door knocking to partnering with youth in the development process. Tanya recounts that “We wanted to know how they felt about all the development that was happening in their neighborhoods, how did they feel about us occupying this space”. She understood they were “making a small development within our community and recognizing what does it mean

to respectfully engage with our residents and asking them for input and including people in those opportunities”. It was this thought process that became the mission of Detroit Future Ops (DFO). With Tanya’s vision leading the way, “DFO became the social arm of AGI Construction with engaging locals in the development process and opportunities”.

This is where Motor City Match (MCM) comes in. The MCM program provided the gap funding they needed to complete the work on the project. The project has been in the works for four years through city zoning, community engagement, and the COVID pandemic. “All those challenges made it much more complicated and frustrating while seeing others come in, access resources, and complete projects in months. Hence, the name and mission of the project became the Design Build Green Hub,”said Tanya.

Last January DFO launched a pilot program with five local contractors who committed to building out the Design Build Green Hub. The idea behind the hub is to “streamline and share the process with others by providing direct opportunities to direct opportunities”. The hub will focus on strengthening Detroit’s design-built environment with a mission to create sustainable communities.

The pilot program for DFO provides “hands-on building components, learning from each other, mentorship and exposure to projects”. The five small minority owned contractors are: Ramirez Remodeling; Navarro Construction; Phase Construction; On the Level Plumbing, and Nica Construction.

To date they have completed 70% of the work on the Design Build Green Hub. The cash grant award from MCM means that they now have the gap funding to “bring the crew back together and finish out this project”, says Tanya. The project needs insulation and all then all the interior finishes before launching by the end of Spring-early Summer.

Tanya noted MCM as “one of the most effective tools when we think of opportunities for small business owners to acquire cash grants” and a “powerful program” that can help to create long term generational wealth for Detroiters. There are two types of assistance awards MCM offers. Tanya emphasized “really working with Motor City Match ASAP and sticking with them through the different phases they have.” MCM provided this seasoned business woman “the support to move into a brick and mortar”.

Tayna says, “what’s amazing is that it’s not a loan. They are not offering us more debt. They’re actually providing us a grant that gives us an extra resource that allows us to keep equity in our business or in our properties.”

She stressed that MCM was a way to “stay rooted in community” and believes it can mitigate business “displacement or feelings of not being included in the building in Detroit. It is there as a resource and local legacy Detroiters should take advantage of that”.

For more information on the Design Build Green Hub visit: <http://www.detroitdesignbuildgreenhub.com/>.

For more information on Motor City Match visit: <https://www.motorcitymatch.com/>

Irma Maribel Andrade is a born and raised Detroiter; she is passionate about “lifting others as you climb”. She is a daughter of immigrants from San Luis Potosi, Mexico and a first generation college graduate from UM-Ann Arbor currently pursuing a Masters in Social Work. When she is not studying, Irma spends her time gardening, crafting, advocating for social justice and being wife & mom of two.



The Design Build Green Hub stands in the corner of Porter and 18th St. According to co-founder and Business Development Director of AGI Construction Tanya Saldivar-Ali, the converted Queen Ann house in Southwest Detroit, is expected to launch by the end of spring-early summer. (Kopalli Media/Alejandro Ugalde)



Co-Founder and Business Development Director of AGI Construction Tanya Saldivar-Ali, talks about the 2022 Contractor Cohort at a guided tour at the Design Build Green Hub. (Kopalli Media/Alejandro Ugalde)



(L-R) City of Detroit Office of Immigrant Affairs Shaffwan Ahmed, Freedom House Lulu Nestor, Freedom House CEO Elizabeth Orozco-Vazquez, AGI Construction Co-Founder Tanya Saldivar-Ali, AGI Construction CEO Luis Ali, Office of Global Michigan Executive Director Michigan Poppy Sias-Hernandez, City of Detroit Director of Immigrant Affairs and Economic Inclusion Roberto Torres, and Freedom house Teresa Duhl, pose after a guided tour at the Design Build Green Hub. (Kopalli Media/Alejandro Ugalde)



Framework inside the Design Build Green Hub (Kopalli Media/Alejandro Ugalde)

Reconstruyendo el barrio: Detroit Future Ops

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Tanya acredita unas mentorías por medio de Frank Venegas de Ideal Group para capacitar a AGI Construction para "descubrir realmente dónde encajamos y dónde tenemos el mayor impacto". En 2016-2017, AGI Construction tuvo la oportunidad de construir el sótano de 6,000 pies cuadrados de la escuela secundaria Cristo Rey, en 5679 Vernor Hwy. Este fue el momento de "hundirse o nadar" y utilizaron un 90 por ciento de contratistas de Detroit para hacer todo, desde electricidad, plomería, hasta cimientos y electrodomésticos de cocina. “Al final del proyecto, AGI Construction se dio cuenta de que estos eran los tipos de proyectos en los que quería centrarse".

Tanya y Luis tomaron la decisión intencional de ser más que "una marca en la lista de negocios minoritarios" para realmente crear un impacto en su propio vecindario, mediante la construcción de espacios para programas increíbles que la gente necesitaba, para darles acceso a hermosos edificios, o proyectos asequibles. La continua escasez de trabajadores calificados, hizo las cosas aún más difíciles pues, al igual que otras empresas de construcción, estaban tratando de sacar proyectos a flote, tenían demasiado trabajo y no había suficientes trabajadores. Durante ese tiempo, Tanya comenzó a darse cuenta de que, si no aseguraban una base de operaciones permanente, no podrían permanecer arraigados al suroeste de Detroit.

En los 47 años que Tanya ha vivido y trabajado en el suroeste de Detroit, nunca había sido testigo de la gentrificación (renovación de una zona urbana). Al hablar sobre el vecindario, Tanya dijo: “Siempre ha sido una comunidad hermosa, una comunidad sólida de pequeñas empresas, llena de gente linda, y mucha cultura.” Le tomó algún tiempo darse cuenta de lo que estaba pasando en Detroit porque, como muchos habitantes heredados de Detroit, "siempre había visto a Detroit en una recesión". Cuando la realidad de ser desplazada se estableció, alimentó su fuego para decir “perteneceemos, merecemos permanecer en nuestra propia comunidad”. Es la colección de las experiencias vividas de Tanya, que resumió como "amor al sudoeste", que es el catalizador y lo que la llevó a fundar Detroit Future OPS.

Haciendo lo que mejor saben hacer los habitantes de Detroit, Tanya y Luis se pusieron a trabajar. Adquirieron la propiedad en 1326 calle 18°, una casa Queen Ann, y comenzaron a trabajar con la comunidad circundante durante más de dos años haciendo de todo, desde tocar puertas, hasta asociarse con jóvenes en el proceso de desarrollo. Tanya cuenta “Queríamos saber cómo se sentían acerca de todo el desarrollo que estaba ocurriendo en sus barrios y de que ocupáramos este espacio”. Ella entendió que estaban "haciendo un pequeño desarrollo dentro de la comunidad y reconociendo lo que significa comprometerse respetuosamente con los residentes, pidiéndoles su opinión e incluir a las personas en esas oportunidades". Fue este proceso de pensamiento el que se convirtió en la misión de Detroit Future OPS (DFO). Con la visión de Tanya a la cabeza, DFO se convirtió en el brazo social de AGI Construction al involucrar a los locales en el proceso y las oportunidades de desarrollo.

Aquí es donde entra en juego Motor City Match (MCM). El programa MCM proporcionó la financiación del déficit que necesitaban para completar el trabajo del proyecto. El proyecto ha estado en proceso durante cuatro años a través de la zonificación de la ciudad, la participación comunitaria y la pandemia de COVID. “Todos esos desafíos lo hicieron mucho más complicado y frustrante al ver a otros entrar, acceder a recursos y completar proyectos en meses. Por lo tanto, el nombre y la visión del proyecto se convirtió en Design Build Green Hub”, dijo Tanya.

En enero pasado, DFO lanzó un programa piloto con cinco contratistas locales, que se comprometieron a construir Design Build Green Hub. La idea detrás del centro es agilizar y compartir el proceso con otros, brindando oportunidades directas a Potencias Directas. El centro se centrará en fortalecer el entorno construido en Detroit con la misión de crear comunidades sostenibles.

El programa piloto para DFO proporciona componentes de construcción prácticos, aprendi- zaje mutuo, tutoría y exposición de proyectos. Los cinco pequeños contratistas propiedad de minorías son: Ramirez Remodeling; Navarro Construction; Phase Construction, On The Level Plumbing y Nica Construction.

Hasta la fecha, se ha completado el 70% del trabajo de Design Build Green Hub. El premio recibido por parte de MCM, hace que puedan superar el déficit para reunir al equipo y terminar este proyecto informó Tanya; el cual necesita aislamiento y todos los acabados interiores, antes de lanzarse a finales de primavera y principios de verano.

Tanya señaló que MCM es un Programa Poderoso que cuenta con dos tipos de Premios de Asistencia y una de las herramientas más efectivas cuando se piensa en oportunidades para que los propietarios de pequeñas empresas, adquieran subvenciones en efectivo, que puedan ayudar a crear riqueza generacional a largo plazo para los habitantes de Detroit. Tanya enfatizó lo bueno que es trabajar con Motor City Match, desde que se tiene la oportunidad y permanecer con ellos en las diferentes fases que tienen. MCM brindó a esta experimentada mujer de negocios el apoyo para mudarse a un edificio de ladrillo y cemento.

Tanya concluye diciendo: “lo asombroso es que no es un préstamo. No nos están ofreciendo una deuda, nos están proporcionando una subvención que nos brinda un recurso adicional, que nos permite mantener la equidad en nuestro negocio o en nuestras propiedades”.

Hizo hincapié en que MCM era una forma de permanecer arraigado a la comunidad y cree que puede mitigar el desplazamiento o la sensación de no estar incluido en el Detroit de los negocios. Está allí como un recurso a los habitantes de Detroit, quienes deberían aprovechar eso”.

Para obtener más información sobre Design Build Green Hub, visite: <http://www.detroitdesignbuildgreenhub.com/>.

Para obtener más información sobre Motor City Match, visite: <https://www.motorcitymatch.com/>

Irma Maribel Andrade nació y creció en Detroit; le apasiona "ayudar a otros mientras escala". Es hija de inmigrantes de San Luis Potosí, México y ha sido la primera en su familia en graduarse de la universidad, de UM-Ann Arbor, actualmente cursa una Maestría en Trabajo Social. Cuando no está estudiando, Irma dedica su tiempo a la jardinería, las manualidades, la defensa de la justicia social y a ser esposa y madre de dos hijos.

Detroit City Council Approves Riverside Park Land Transfer Agreement

Legal ramifications outweighed local concerns for majority on Council

By: Irma Maribel Andrade
Detroit City Council voted 6-3 to approve the land transfer of 3.8 acres to the Detroit International Bridge Company (DIBC) near St. Anne Basilica. This was the final step needed for the completion of Riverside Park. Some community residents of the Hubbard Richard Neighborhood, where DIBC is located, are concerned that this is a step towards DIBC expansion efforts. While other community members are excited to see the completion of Riverside Park.

The land being transferred, 3085 W. Jefferson Ave., is the final part of a 2015 agreement with DIBC and the City of Detroit that included funds for improvements and upgrades to Riverside Park. This land transfer was the final step towards the completion of the Riverside Park that will eventually connect to the Joe Louis Greenway. Riverside Park is part of the citywide riverfront restoration efforts. Thanks to these efforts USA Today recently named the Detroit Riverwalk the best riverwalk in the country for the third consecutive year!

When Detroit City Council approved this land transfer in 2015, there was no ordinance for a Community Benefits Agreements in the City of Detroit. It wasn’t until 2016 that a Community Benefits Agreement ordinance was put in place. This is a law that requires developers to include and engage community members in order to ensure that benefits and concerns around development are addressed- separate from Detroit City Council initiatives.

Matthew Moroun, owner of DIBC, noted initial plans of “landscaping” for the parcel that would serve as a buffer between the community and the Ambassador Bridge truck plaza. It was not clear if this was in addition to, or in place of, the current buffer of the pink-brown wall along St. Anne St. Moroun, however, declared “We are not going to build a new bridge.”

Community opposition to the land transfer included a rally of 40 community residents at the corner of St. Anne St. & Porter St. on Monday evening February 20th to demonstrate against the Moroun family business, the Detroit International Bridge Company, and the company’s historical disregard for the bridge’s impact on the community. The rally energized Hubbard Richard community residents with almost 50 residents making public

comments, in person or through Zoom, in front of Detroit City Council. It must be said that at least three Southwest residents provided comments entirely in Spanish. Councilmember Angela Whitfield-Calloway noted that it was not acceptable that these individuals made their comments to Council without an interpreter present.

There was a mix of opinions shared in favor and against the land transfer during public comments, but what was commonly shared by all residents was their support of Riverside Park as an investment for all Detroiters. Mary Carmen Muñoz, executive director of Latin Americans for Social and Economic Development, Inc. (LA SED), noted that she was “Glad that the issue is moving forward. Riverside Park is a community park that has changed Southwest and the whole City of Detroit for the better.”

Council President Mary Sheffield noted that if Detroit City Council did not approve the land transfer a “court would say that Council is in breach of contract”. This was a point that Corporate Counsel for the city, Conrad Mallet, also provided legal clarity. Given the legal bind this could put the city in, Council voted to approve the land transfer. Council also included a request that DIBC would continue community negotiations for any plans regarding the land being transferred. This would be in accordance with the city’s ordinance on Community Benefits Agreements (CBA’s).

Moroun said that he “was happy to engage in talking about other agreements” and that he “thinks there are some very positive outcomes that can be reached” regarding future plans for the parcel at 3085 W. Jefferson Ave and properties his family also owns on the Eastside of Detroit.

DIBC has 30 days to update Detroit City Council on progress in the continued community negotiations regarding the land near St. Anne Basilica. “I look forward to working with the Hubbard Richard Community or anybody else” concluded Moroun.

Council members Mary Sheffield, Mary Waters, Angela Whitfield-Calloway, Coleman Young II, Scott Benson and Fred Durhal III voted to approve the land transfer. Council members Raquel Santiago-Romero, James Tate and Latisha Johnson voted against it.



Councilwoman Gabriela Santiago-Romero speaks to residents of the Hubbard Richard neighborhood at the corner of St. Anne St and Porter during a rally against the land transfer.

SPECIAL,

WORLD'S

CULTURES

Bees

Bees

Bees are animal insects that belong to the animal kingdom. They are the producers of honey and, in addition, the most important pollinator of vegetables, therefore, they have an essential place for growing food. Many people within cities identify bees as insects that should be careful of their stings, however, it is important to know that bees do not attack other living beings unless they feel at risk and must defend itself, but if a bee stings, it must die, for it loses its sting. Therefore, if a person does not make fuss or sudden movements when a bee approaches them, the bee will withdraw from the place without causing



any type of aggression. More than 20,000 species of bees are known, although only some create communities of hierarchically structured social organization around a queen that reproduces and a rest of worker bees that are in charge of collecting pollen and converting it into food, honey. Honey

is not only the food of the bee kingdom, since it is consumed by other types of living beings, including humans. The people who are in charge of caring for and maintaining bee communities with the aim of extracting honey, are called beekeepers, therefore, the production of honey is called Beekeeping.

Honey has been studied for years, which has resulted in knowledge not only of its delicious flavor and the particularities involved in the different types of honey that depend on the flowers and the sugars that the worker bees collect to take to the hive. , as the center of its community is called, but also its medicinal and healing qualities.



It is known that honey is a food that does not expire, since jars containing bee honey were found in Egyptian tombs and sarcophagi more than 2,000 years old. Among the properties of honey is that of accelerating the closure of wounds, reducing scar marks, as well as moisturizing the skin. For the stomach, it helps fight acidity and is highly nutritional. Among the products produced by bees, there is also pollen, which together with honey produces propolis, which is used to heal and reduce infections, it is more commonly used in throat infections.



The role of bees for humanity and ecosystems is crucial, since the production of food depends on it, not only of vegetable origin, but also of animal origin, since we cannot deny that consumption animals such as chickens, cows and pigs, They also live on the consumption of plant foods.

For all of the above, human beings should not only pay more attention, but also prioritize the safety and subsistence of these small animals that are so generous and beneficial to life.

Diles que lo viste en

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ESPECIAL

CULTURAS DEL MUNDO

Las abejas

Las abejas



Las abejas son unos insectos animales que pertenecen al reino animal. Son las productoras de la miel y, además, el más importante polinizador de los vegetales, por tanto, tienen un lugar esencial para el cultivo de alimentos. Muchas personas dentro de las ciudades identifican a las abejas como insectos de

los que deben cuidarse de sus piquetes, debido a los aguijones, sin embargo, es importante conocer que las abejas no atacan a otros seres vivos a menos que se sientan en riesgo y deben defenderse, pero si una abeja pica, debe morir, pues pierde el aguijón. Por ello, si una persona cuando se le acerca una abeja no hace



aspavientos ni movimientos bruscos, la abeja se retirará del lugar sin causar ningún tipo de agresión. Se conocen más de 20,000 especies de abejas, aunque sólo algunas crean comunidades de organización social estructurada jerárquicamente en torno a una reina que se reproduce y un resto de abejas obreras que se encargan de ir a coleccionar el polen y convertirlo en alimento, miel. La miel no sólo es el alimento de la abeja reino, ya que es consumido por otro tipo de seres vivos, entre ellos, los seres humanos. Las personas que se encargan de cuidar y dar mantenimiento a comunidades de abejas con el afán de extraer la miel, se les llama apicultores, por tanto, a la producción de miel, se le llama Apicultura. La miel ha sido estudiada por años, lo que ha dado por resultado el conocimiento no sólo de su

delicioso sabor y las particularidades que implican los diferentes tipos de miel que dependen de las flores y las azúcares que coleccionan las abejas obreras para llevar a la colmena, como se le llama al centro de su comunidad, sino también a las cualidades medicinales y curativas. Se sabe que la miel es un alimento que no



caduca, pues se encontró en tumbas y sarcófagos egipcios con más de 2,000 años de antigüedad frascos que contenían miel de abeja. Entre las propiedades de la miel se encuentra la de acelerar el cierre de heridas reduciendo las marcas de cicatrices, así como la hidratación de la piel. Para el estómago, ayuda a combatir la acidez y es altamente nutricional. Entre los productos que producen las abejas, se encuentra también el polen que junto con la miel se produce el propóleo, que sirve para sanar y reducir las infecciones, se utiliza más comúnmente en infecciones de garganta.



El rol de las abejas para la humanidad y los ecosistemas es crucial, puesto que de ello depende la producción de alimentos, no sólo de origen vegetal, sino también animal, pues no podemos negar que los animales de consumo como gallinas, vacas y cerdos, viven también del consumo de alimentos vegetales. Por todo lo anterior, los seres humanos deberíamos prestar no sólo más atención, sino priorizar la seguridad y subsistencia de estos pequeños animales.

Espera nuestro Especial Semanal

CULTURAS LATINOAMERICANAS,

by Mariana Ayón RV

Guest Editorial:

The Truth About the Riverside Vote

By Rogelio Landin



On Tuesday, February 21, the Detroit City Council hosted a public hearing on the question of giving final approval to a 2015 Land Exchange Agreement (LEA) that would transfer 3.8 acres of City-owned property at Riverside Park in exchange for the \$2 million balance of a \$5 million payment from the Detroit International Bridge Company (DIBC). Ultimately, Council voted to approve the deal, thus ending eight years of debate and vocal opposition by some local residents. See article on page 3 for more information.

EL CENTRAL sat down with Rogelio Landin to get his take on the issues before Council and why the vote to uphold the original agreement is, as he characterizes it, “a victory for justice” by upholding the law and the will of the people of Detroit who voted for the Community Benefits Ordinance (CBO) in 2016.

Detroit is the only major city in America with a CBO. Of the twelve projects that have entered into Community Benefits Agreements, Landin has served

and represented the voters of Detroit on four Neighborhood Advisory Committees (NAC’s) -- twice elected/ twice appointed. No one in the country has more experience in crafting Community Benefits Agreements.

EL CENTRAL: What is your background in development issues like Community Benefits Ordinances and inclusionary development in Detroit?

The foundation of my commitment to community advancement began 50 years ago when I joined the League of United Latin American Citizens (LULAC), the oldest civil rights organization for Hispanics in the nation. Among our accomplishments was support for bilingual education and preserving the protected status of Hispanics in the Bradley v. Milliken II case and sharing in SER’s governance as a parent co-sponsoring organization. In its leadership capacity LULAC was able to lend a national presence in support of many Hispanic serving organizations in our city and state.

For context it is important to note that for most of my life my family has been an integral part of the Southwest Detroit community and am personally

vested in all of its activities and events, e.g., Resident of Hubbard Richard, Member of Ste. Anne, etc.

What happened Tuesday was tantamount to staged theatre, the majority of the players, recruited to oppose the long overdue culmination of an agreement between DIBC and the City. The purpose being to blatantly overturn the results of an election in 2016 and extract some sort of Community Benefits Agreement to which this transfer agreement was not ever subject.

EL CENTRAL: Why do you think the majority of City Council members voted to finalize the 2015 Land Exchange Agreement despite the vocal opposition by many (but not all) local residents in the Hubbard Richard neighborhood?

To City Council’s credit, they were fair in providing time and opportunity for all stakeholders to be heard, but in the end, for the most part, found their way to vote in support of honoring the agreement in alignment with advice from Corporation Counsel. Again, all of this was unnecessary and uncalled for. The community could have benefited from the improvements eight years ago.

EL CENTRAL: In approving the agreement, Council instructed the City’s Law Department to amend the agreement to include a condition that if the DIBC should seek to build a second span in the future, the company would be required to negotiate a Community Benefits Agreement with local residents at that time. Shouldn’t that provision reassure concerned residents that the “leverage” they sought would be preserved going forward?

The most vocal opponents of the agreement refuse to accept “yes” as an answer. I’m not sure they’re wrong. If only because there remain a number of questions that must still be answered; not second-guessing Council, but:

1. Can City Law amend an agreement to include a provision that didn’t exist when the agreement was made?
2. Should DIBC decide to build a second span; will they require additional public assets? If not, then it’s a mute case and would not trigger the CBO, thereby leaving residents with nothing to say yes or no to.

EL CENTRAL: You have pointed out that the 2015 LEA preceded the Community Benefits Agreement (CBA) Ordinance that was passed by

Detroit voters in 2016. Why is that significant?

The Riverside agreement would not have triggered the CBA ordinance if either CBA proposal had passed (Prop A or Prop B) because the \$5M deal regarding the Riverside exchange is much lower than the \$15M trigger of Prop B and much lower than the \$75M trigger of Prop A which was passed. Not being an attorney, I am unaware of any legal precedent that holds anyone liable for breaking a law that didn’t exist when a contract was enacted. Nor is there any provision in the CBO to add or amend it to include past projects, nor should there be.

EL CENTRAL: Any final comments?

We all need to do our homework to truly understand the ordinances (laws) that govern our communities. This requires knowledge, not opinions. Thus, we are prepared to be proactive, not reactive.

Opinions in this column are not necessarily those of the Publisher or Editor

Do you have a contrary opinion? Write us at info@elcentralmedia.com

Amanda Elias Appointed as Detroit Deputy Group Executive

New position will coordinate neighborhood commercial corridor revitalization efforts

Mayor Mike Duggan recently announced the appointment of Amanda Elias to the newly-created role of Deputy Group Executive for Neighborhood Economic Development within the administration’s Jobs and Economy Team (JET).

Creating the new position builds on the mayor’s ongoing strategy to help strengthen neighborhoods by revitalizing their commercial corridors. In recent years, the commercial corridor strategy has included new streetscapes, targeted commercial investment, supporting small businesses through programs like Motor City Match and, most recently, launching a commercial corridor blight blitz.

“Over the past few years, we have begun to see a resurgence along some of our commercial corridors like Livernois, Grand River and Kercheval, and Amanda’s role is going to be to build on that success and bring it to more neighborhoods,” said Mayor Duggan. “Amanda has been incredibly effective working with residents, developers and funding partners, and we’re excited for her to bring her energy to neighborhood-level opportunities.”

Elias previously worked for the

JET team as Senior Advisor from 2019-2021, where she helped lead the administration’s efforts on large-scale developments and their related community benefits processes for projects including The Parade Company’s relocation to the Brodhead Armory and the Michigan and Church project in Corktown.

Since 2021, Elias worked as a Senior Advisor to the Mayor over Government Affairs. In this position, she focused heavily on matching federal and state funding opportunities to infrastructure projects in Detroit, so the city could take full advantage of the unprecedented infrastructure funding made available by the Bipartisan Infrastructure Law and the Inflation Reduction Act.

Some of the projects she worked closely with our state and federal partners to secure funding for are the \$105 million US Department of Transportation grant for the I-375 Reconnecting Communities Project, the recently announced \$24 million grant from the Safe Streets and Roads for All Program, and the \$25 million US Department of Transportation Grant to rebuild Michigan Avenue awarded last year.

In her new role, Elias and her

team will work to unify and coordinate city departments to make it easier for developers to bring new retail and mixed-use, mixed-income developments to the city’s neighborhood commercial corridors.

“There are a lot of ways city departments are working to improve our neighborhood corridors and we plan to bring all of those efforts together into one central strategy and approach,” said Elias. “We also plan to make sure every vacant lot and building has a plan that nearby residents support.”

Elias also will work with funding partners to bring redevelopment plans to fruition.

“We’re excited to work with a partner like Amanda Elias who is committed to ensuring that neighborhood commercial corridor investment creates opportunity for Detroit based businesses and residents,” said Jermaine Ruffin, Vice President of Neighborhoods for Invest Detroit. “Amanda’s leadership, persistence and skill are key attributes that will contribute to accelerating the type of neighborhood investment that benefits Detroiters.”

Elias joined the Duggan Administration in 2014, where she worked for the JET team



as a Special Projects Manager. She then moved over to the Mayor’s Office of Workforce Development, leading workforce development in the areas of hospitality and entertainment as an Employer Engagement Manager. She returned to the JET team in 2019 as a Senior Advisor to the Mayor working on large-scale developments, including the redevelopment

and community benefits for the Michigan Central project.

Elias earned a Bachelor of Science in Business Administration and Marketing Management from Wayne State University. She has served as a board member of the Detroit Brownfield Redevelopment Authority since 2020 and is a resident of Detroit.

Cheech Marin: Perspectives of an Art Advocate, Coming to Ann Arbor

Source: Penny Stamps Speaker Series

Cheech Marin will be the featured speaker at the Michigan Theater, 603 E Liberty St, Ann Arbor, MI 48104, on Thursday, March 9th at 5:30pm. This is a free event and open to the public.

A paradox in the world of entertainment, Cheech Marin is an actor, director, writer, musician, art collector, humanitarian, and a multi-generational talent. As Cheech himself jests, “people know me from the womb to the tomb.” Widely acknowledged as a cultural icon, he is perhaps best known as one half of the hilariously irreverent, satirical, counterculture comedy duo Cheech & Chong, which found commercial and cultural success with their stand-up routines, studio recordings, and feature films. He has also voiced characters in several Disney films, including Oliver & Company, The Lion King, the Cars series, and Coco.

In addition to a successful life in entertainment, Cheech Marin is recognized today as a preeminent advocate for Chicano art. In the mid-1980’s, he began developing what is now arguably the finest private collection of Chicano art. In addition to artwork loans to numerous institutions, this notable collection has been featured in over a dozen exhibitions organized and shown at more than 50 museums in the U.S.

Comprising mostly paintings, followed by drawings, prints, mixed-media artworks, sculptures, and photography, the collection now serves as the core of The Cheech Marin Center for Chicano Art & Culture of Riverside Art Museum, which opened in June 2022. A long-term goal of “The Cheech” is to supplement and expand the collection with Chicano artists, media, and subject matter not currently included through acquisitions and donations from artists and their estates, art collectors, dealers, and institutions.

Cheech was born Richard Marin in South Central Los Angeles and was an Angeleno until a move to Canada, where he serendipitously met Tommy Chong. He moved back to Los Angeles with Chong and their comedy duo proved entertainment gold. Six of their albums went gold, four were nominated for Grammys, and their Los Cochinos won the 1973 Grammy for Best Comedy Recording. The critically acclaimed duo made a fluid transition to films, starring in eight features together. Their first — Up In Smoke — was the highest grossing comedy of 1978, topping \$100 million at the box office.

Presented with support from the University of Michigan Department of American Culture — Latina/o Studies Program. Series presenting partners: Detroit Public Television and PBS Books. Media partner: Michigan Radio.



Photo by Carlos Puma, courtesy of Riverside Art Museum, 2022. Painting: Patssi Valdez, Room on the Verge.



Photo courtesy of the Cheech Marin Center for Chicano Art, Culture & Industry of the Riverside Art Museum. Reshared via artnet.com

The Artist is Human: A. I. Won’t Break My Soul, Artist Lecture by Michael Menchaca, at the DIA

Source: <https://dia.org/>

Michael Menchaca (they/ them) is an interdisciplinary Xicanx artist using print and new media to generate anti-colonial, anti-racist, and anti-capitalist visions of the world. In the talk, “The Artist is Human: A.I. Won’t Break My Soul,” Menchaca will discuss the A.I. industry, text-to-image generators like Image GPT and large language models like ChatGPT and the cultural implications.

This talk is organized in conjunction with the exhibition Printmaking in the Twenty-First Century. Support for the talk comes from the DIA’s Friends of Prints, Drawings and Photographs.

The talk is free and open to the public.

The Artist lecture will take place on Wednesday, March 15th at 6:00 pm



Artist Michael Menchaca. Photo by Anthony Francis



Image: Michael Menchaca, Castizo no. 2, 2019, from the suite, La Raza C smica 20XX, 2019, screen print. Detroit Institute of Arts, Museum Purchase, Friends of PDP Photographic Fund in honor of Lindsey Buhl, 2021.249.2. Photo provided by the DIA.



AMLO dice que Tesla instalará su fábrica en Monterrey "con compromisos para enfrentar problema de escasez de agua"

El presidente mexicano, Andrés Manuel López Obrador, anunció este martes que Tesla instalará una planta automovilística en la ciudad de Monterrey, en el estado de Nuevo León.

En su conferencia de prensa matutina, López Obrador indicó que el director y propietario de Tesla, Elon Musk, le informó en una videollamada de su decisión, tras barajar varios estados como sede de su primera fábrica de automóviles eléctricos en México.

“Van bien las cosas, platicamos ayer”, dijo López Obrador, "hay ya un entendimiento, sí van a dedicar la inversión a México y se va a establecer la planta en Monterrey, con una serie de compromisos para enfrentar el problema de la escasez de agua. Ellos van a ayudar en este sentido”. El presidente no dio más detalles al respecto, pero indicó que Tesla comunicará su decisión este miércoles.

El anuncio se conoce luego de semanas de polémicas y diversas versiones que surgieron después de que el gobernante mexicano anunciara que sostendría una

conversación telefónica con Musk.

Es la tercera factoría que Tesla insta fuera de Estados Unidos, tras sus inversiones en Shanghái (China) y cerca de Berlín (Alemania).

"No sabemos cuándo va a volver a salir agua"

Monterrey, la mayor ciudad industrial del norte del país, vivió este verano un grave problema de escasez de agua.

“Sentimos pánico porque no sabemos cuándo va a volver a salir agua”, dijo en junio a la agencia de noticias The Associated Press María del Carmen Lara, de 60 años, mientras junto con su esposo arrastraba bajo un intenso sol unas cubetas para llenarlas de un camión cisterna que envió el Gobierno a su colonia. “Por fin nos hicieron caso y nos enviaron una pipa, pero seguimos sin el servicio de agua”, añadió sobre el camión cisterna.

La situación de Lara la compartían en menor o mayor medida los casi cinco millones de habitantes de esta calurosa ciudad azotada por una intensa

sequía que casi vació las tres presas del estado de Nuevo León. Pobladores organizaron protestas e incluso bloquearon avenidas en demanda de agua.

La crisis de Monterrey derivó de una sequía que se ha prolongado por casi seis años, temperaturas cada vez más elevadas, mala planeación de las autoridades y uso excesivo de agua por parte de la población, de acuerdo con expertos y

funcionarios.

La situación obligó al Gobierno estatal a declarar un estado de emergencia en febrero de 2022 y a implementar medidas como la reducción en el suministro de agua a sólo siete horas del día.

La sequía no parece disminuir este año. El alcalde de Monterrey, Luis Donaldo Colosio Riojas, anunció hace unos días suspender por segundo año consecutivo la temporada

de albercas (que suele empezar el 21 de marzo y terminar el 23 de septiembre) debido a la escasez de lluvia que pone en duda el abasto de agua en la zona, informó el periódico La Jornada. Mientras en 2022 cuatro municipios de Nuevo León sufrieron sequía, se prevé que este año se vean afectados 37, según el periódico El Norte.

Rosie Perez le revela a Hoda Kotb que creció en un convento desde los 3 años

Rosie Perez es una reconocida actriz y activista cuya vida no ha sido nada fácil, ya que tuvo una infancia marcada por la violencia y el abandono de su familia, pero ella logró salir adelante para dar un ejemplo con su historia.

Perez participó en el podcast ‘Making Space with Hoda Kotb’, en donde relató cómo se crio en un convento para niños desplazados debido a la enfermedad mental de su madre, quien la dejó ahí a los 3 años.

“Recuerdo la cama en la que me pusieron, recuerdo que lo peor eran las regaderas porque tenías que formarte y bañarte con completos extraños y otras niñas mientras estás desnuda”, recordó la actriz.

La estrella de cine y televisión recordó que, una monja en particular, le salvó la vida al enseñarle sobre su propia personalidad, su fortalezas y debilidades, y a ser fuerte en el

mundo sin la necesidad de tener que pelear todo el tiempo.

A pesar de estas luchas, Rosie se centró en su amor por el baile y se rodeó de quienes creían en ella. La actriz ha convertido en luchadora y activista, pero todavía lucha contra la ansiedad y la culpa de sobreviviente.

Su amor por el baile nació justamente en el convento, ya que algunos de los consejeros y monjas le enseñaron a bailar tap. “Era gracioso ver a las monjas bailar tap con el hábito”, señaló la actriz.

Perez aseguró que, al salir de este convento, pudo iniciar su carrera gracias a que su carácter era parecido al de su padre.

“Creo que fue mi rebelión y mi terquedad, y creo que es el ADN del lado de mi padre, él tiene eso, tenía tanta confianza que lo recuerdo acercándose a las mujeres y diciendo: ‘Oye, lo sé, soy feo pero puedo hacer que

te desmayes”, dijo Perez en el podcast.

Debido a las experiencias que tuvo, la actriz admitió que se siente mentalmente fatigada y

que su salud mental es la parte más importante de su vida actual. Practica terapia cognitiva y hace ejercicio regularmente para ayudarla a controlar su salud

mental. Rosie también mencionó su amor por la jardinería, que encuentra nutritiva y terapéutica.

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SAG Awards 2023: El homenaje a Sally Field, el discurso de Fran Drescher y más

Los Screen Actors Guild Awards 2023 se celebraron este 26 de febrero con éxito, siendo el reconocimiento al papel de Brendan Fraser en ‘The Whale’ uno de los pronósticos de la noche que se cumplieron. En tanto, el triunfo de Ke Huy Quan y Michelle Yeoh fue una sorpresa que puso en alto a la comunidad asiática. Repasa aquí algunos de los momentos más especiales de la reciente entrega de los premios SAG.

La alfombra roja de los SAG Awards 2023 fue un despliegue de estilo, en el que algunas estrellas como Ariana DeBose optaron por arriesgados atuendos, y otras, eligieron vestidos negros, como fue el caso del diseño de Naeem Khan de Fran Drescher, la actual presidenta del SAG-AFTRA, es decir del Sindicato de Actores de Cine-Federación Estadounidense de Artistas de Radio y Televisión, entidad que organiza estos premios anuales.

La estrella de ‘The Nanny’ dio un emotivo discurso, en el que,

a nombre del gremio actuaral, pugnó por acabar con actos discriminatorios, como ellos que obligan a contar con las vacunas contra el COVID-19 para presentarse a los castings.

Drescher tomó el micrófono para exponer, “Y a medida que la nación declara el fin de la emergencia de COVID este mayo (...). Espero que veamos a todos volver a trabajar en igualdad de oportunidades!”, dijo para referirse que el 1 de abril expiran los protocolos que la pandemia impuso a Hollywood.

La veterana actriz y productora también tocó la urgencia de sumarse a labores que ayuden al futuro verde del planeta dentro de la industria, “Me enorgullece decir que SAG-AFTRA y MPA han creado Green Council, el mayor esfuerzo conjunto de Stars y Studios para salvar el planeta desde la Segunda Guerra Mundial”, dijo indicando que se ha eliminado el uso del plástico de un solo uso ante las cámaras y detrás de escena.

Sin duda otro de los momentos notables de los SAG Awards



2023 fue el premio a la trayectoria que recibió Sally Field, siendo el encargado de presentar su semblanza biográfica Andrew Garfield, el cual destacó el influjo y admiración que la actriz provoca en estrellas de la talla de Julia Roberts y Dolly Parton.

“Sally es el epitome de la grandeza en la actuación, sin miedo a ser profunda, cruda

y llena de empatía”, destacó Andrew.

Al momento de recibir su merecida presea, Sally dio un vibrante discurso, en el que resumió así su trayectoria actuaral de seis décadas:

“He volado por cables y surfado en el océano, montado a caballo, en vagones, trenes y autos veloces. Yo he tenido múltiples personalidades. Trabajé

en una fábrica textil, recogí algodón. He sido la empleadora de la señora Doubtfire, la madre de Forrest Gump, la esposa de Lincoln y la tía de Spider-Man. He hecho escenas usando 50 libras de vestidos de época. He estado completamente vestida, semi vestida y totalmente desnuda”, provocando la ovación de la audiencia.

Brian Austin Green defiende a Megan Fox de acusaciones de Vanessa Marcil, su ex

Maraña de dimes y diretes protagonizan Vanessa Marcil y Brian Austin Green, quien no dudó en defender a Megan Fox, su exesposa, de las acusaciones que hizo la madre de Kassius, su primogénito.

Y es que, en una reciente dinámica de preguntas y respuestas en Instagram, Marcil reveló esto cuando uno de sus seguidores le preguntó cómo llevaba la copaternidad con la exestrella de ‘Beverly Hills 90-210’:

“No tuvimos ni tenemos copaternidad. Yo crie a mi hijo sola”.

Kassius nació en 2002, tras tres años de un tórrido romance entre Vanessa y Austin, quienes se separaron un año después. Ante las declaraciones de su ex, Green estalló y publicó este viernes 24 de febrero una reveladora Story, igualmente por medio de Instagram:

“Ay, no puedo ni decirles a todos ustedes qué tan frustrante es continuar leyendo mentiras

de una mujer de más de 50 años en redes sociales, es como si ella siguiese en la escuela preparatoria todavía”.

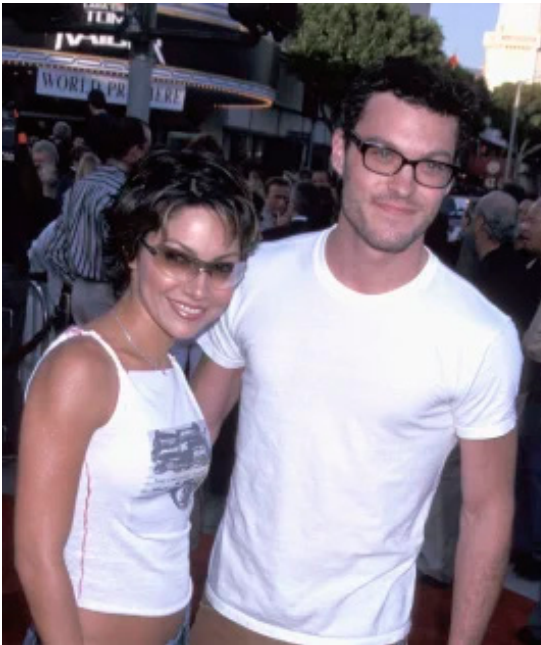
Además, Brian, quien hace poco dio la bienvenida a su quinto hijo, al que procreó con Sharna Burgess, su nueva pareja, mencionó visiblemente molesto esto al respecto de la madre de su primogénito:

“Ella nunca ha sido alguien en su vida que siga la vía”. Por si fuera poco, sacó a colación a Megan Fox, su esposa, de la cual se rumora está ahora distanciada de Machine Gun Kelly, su prometido.

En este sentido, el actor que este 2023 cumple 50 años, refirió que él estuvo al pendiente de Kassius y que en esta tarea recibió la ayuda de Fox, con la que se casó en 2010.

“Megan y yo nos rompemos el trasero para darle a Kass una infancia completa, ya que su madre rara vez estaba allí”, expresó.

Según refiere ‘E! News’, en



2018 Vanessa denunció que Green y Fox habían sacado de sus vidas a Kassius, hecho que dejó al chico “realmente desconsolado”. No obstante, al pedir hablar de los hechos al par de actores, el referido portal de entretenimiento no recibió

respuesta.

Por otra parte, este fin de semana, ‘E! News’ tampoco ha recibido respuesta de los representantes de Vanessa Marcil, quien conoció en 1999 a Brian en el set de grabación de ‘Beverly Hills 90-210’, serie

juvenil que lanzó al estrellato al actor que en la década de los noventa también fue pareja de Tiffani Amber Thiessen y Tori Spelling, con quienes compartió cámara en la popular serie que abordaba los problemas de jóvenes adinerados.

Motor City Boxing !!!



313 841 0100 elcentral1@aol.com
Sports Editor: Dan Grascuck/ EL CENTRAL

This past Saturday, at the Motor City Casino's Sound Board, promoter Carlos Llinas presented an exciting evening of professional boxing, before a sellout crowd. 11 bouts took place during the event and 6 bouts are featured below. Photos by: Bob Ryder (fightnews.com)



Ferris Dixon (from Detroit, 4-0, 2 KOs) beat Gary Covacs (from Hungary) by unanimous decision. Dixon trains under trainer Julio Hernandez (pictured in center) at Worlds Best Boxing Gym



During the co-main event Derick Miller (11-0, 7 KOs) beat Eric Abraham, by KO in the 2nd round (1:16). Promoter Carlos Llinas (right) congratulates Miller



Sam Rizzo (from Detroit, 4-1, 4 KOs) beat Jalen Woodmore (0-3) by TKO in the 2nd round (1:49). Rizzo is managed by Jackie Kallen (second from right)



David Rojas (from Detroit, 1-0, 1 KO) beat Kenneth Jamerson, by TKO in the 1st round (1:04)



Dwane Taylor (from Southwest Detroit, 7-0, 7 KOs) beat Carlos Nunez (from Ecuador) by TKO in the 2nd round (1:48). Taylor trains under trainer Julio Hernandez at Worlds Best Boxing Gym



In the other co-main event Vernon Webber (from Dearborn, 7-0, 5 KOs) beat Larry Pryor, by TKO in the 1st round (1:38)

Top Flight Back In Action

EL CENTRAL

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While we await the start of Detroit City FC's second season in the USL Championship, the country's top division, Major League Soccer, kicked off last weekend. Before anyone kicked a ball in anger, wild winter weather forced two postponements. El Traffico, the Los Angeles derby, had to be moved to the 4th of July, because of the blizzard warnings for the region around Los Angeles. The game could have been played had one of the two teams been at home, but the league decided to move the game to the Rose Bowl where heavy rains flooded the areas where cars would have parked. The more than 70,000 people who hold tickets will



have to wait for the summer to take in one of the biggest league matches on the domestic calendar. The Portland Timbers also had to delay their opening game by 48 hours due to a winter storm battering Oregon. Like many of their opponents, the two LA teams have made personnel changes during the winter break. LAFC, who won that extraordinary MLS Cup final back in November, have moved on a number of players. Injury-plagued Gareth Bale retired and took up golf. They added defender Aaron Long, who will provide a veteran presence in defense, even if he has lost a step. The Galaxy sold defender Julian Araujo to Barcelona and brought in Lucas Calegari from Fluminense of Brazil. And so it went with transfers both within the league and from abroad. The league has added a 29th team this year with St. Louis SC marking its debut with

an impressive 3-2 away win in Austin. They have built a beautiful new stadium in downtown St. Louis and will look to tap into the strong tradition of the game in the city. They had little trouble filling their season ticket quota. Having been abandoned by the NFL, the city has welcomed MLS with open arms. Their home opener should be a big occasion with a packed house. Packing stadiums has become the norm for the league. Both Charlotte and Atlanta drew over 65,000 people for their league openers. Atlanta deliver a dramatic late win thanks to two stoppage time goals from World Cup winner Thiago Almada. The winner was a thunderous free kick that raised the roof of the Mercedes Benz stadium. Almada is the first player active in MLS to be on a World Cup winning team. Others have come to MLS after winning a World Cup, like

Thierry Henry, but Almada sets a new standard for the league. If he keeps delivering for Atlanta, they may have a hard time fending off bids from overseas. MLS made a massive change off the field over the last few months. The league signed a ten year agreement to have all its games broadcast on Apple TV. There is a season pass that will allow fans to have access to every single regular season and playoff game through the MLS Cup final. The result of this move has been to reduce drastically the league's presence on non-streaming formats. Fox will have a few games over the course of the season, but the rest will be out of sight. Thus ends the league's 26 year relationship with ESPN. The league has taken a massive gamble that its fans will follow them into streaming on Apple. It also means they don't have to see how low the television ratings are each

week. The wisdom of ditching television for streaming won't be known for some time. The league is still talking about adding a 30th team with an announcement hoped for by the end of 2023. After that, it's hard to say where the league goes. Sacramento and San Diego are among the cities that have been hoping to join the league. Commissioner Don Garber name-dropped a few other cities, surprisingly including Detroit. It seems unlikely that Detroit could get back in the running after the shenanigans pulled by Dan Gilbert, Tom Gores, and the Detroit Lions a few years ago. Add to that the success and presence of Detroit City FC and the league would probably be best served to look elsewhere, unless they are going to put in promotion and relegation based on merit rather than bank accounts.

Titans Retire Davis Jersey In Special Celebration !!!

This past Saturday, at Calihan Hall, the University of Detroit Mercy Titans, held a special celebration, after the game, to commemorate G #0 Antoine Davis' amazing career with the Titans. The Titans retired Antoine Davis' jersey after the game. The University of Detroit Mercy Titans hosted the Wright State for their final home game of the regular season. Wright State defeated the Titans 82 - 71. Davis currently leads the nation in scoring at 28.1, total 3-pointers at 149 and is 63 points away from the record of 3,667 NCAA points (set by Pete Maravich). Antoine Davis still has a shot at breaking the record, depending how the Titans do in the Horizon League Playoffs. Photos by: Adam J. Dewey

Photos below are highlights from the Wright State vs. Titans game and jersey retirement ceremony after the game



Antoine Davis (right) waves to fans during cemerony, with University of Detroit Mercy Titans President Donald B. Taylor (left)



Antoine Davis (right) receives ceremonial ball (for becoming the Horizon League All-Time Leading Scorer by scoring more than 2,914+ points), by Horizon League Commissioner Julie Roe Lach (left)



Antoine Davis making a play against Wright State

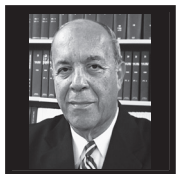


Antoine Davis' dribbles with Antoine Davis "scoreboard" behind him with 573 total career 3-pointers (578 at the end of the game) and 3,570 total career points (3,604 career points at the end of the game)



Wright State double teams Titans G #0 Antoine Davis

EDITORIAL OPINION



“Deja vu, All Over, Again”

By Raoul Lowery Contreras

In the pantheon of American heroes, two men stand out to me as being the best of the best, they are Abraham Lincoln generals William Tecumseh Sherman and cavalry general John Buford.

When the Republican Party wanted General Sherman to run for President in 1868 he said, “If nominated, I will not run, if elected I will not serve.” Of war, “War is Hell.” During the Civil War, he conceived a theory that he had to render war a daily horror for the people of the State of Georgia so they would quit supporting the “great cause” and would demand the war end.

He led an army that, like Sherman, wanted to punish all southerners for starting the war of secession, the war of “national divorce.” The

war in which over 600,000 Americans died, over 250,000 killed in action, the rest from disease or accidents.

The people of Georgia were crushed by Sherman’s “March to the Sea” Their cattle were expropriated, their corn and every bit of edible food was collected by union soldiers so they could eat. Cotton was either expropriated or burned. Georgians still hate General Sherman.

I think he was the best general in Lincoln’s army, second only to General U.S. Grant, the top general in the Union Army. Why? Because his proposed “March to the sea” worked. Then after a month’s rest General Sherman pivoted north through the Carolina’s and presented President Lincoln with a massive three state victory that gutted

the Confederacy’s spirit shortening the war perhaps by a year or more.

On the night of June 30th, 1863, General John Buford and his 2500 Union horse soldiers, mounted infantry, arrived in Gettysburg, Pennsylvania. Confederate soldiers, 20,000 of them, arrived the next morning. Buford had six cannons.

Buford gathered his officers; this is what he told them: “You know what’s gonna happen here in the morning? Whole damn Reb army’s gonna be here...(New Union commander Meade will line up our troops and attack) straight up the hillside, out in the open, in that gorgeous field of fire. We will charge valiantly..... and be butchered valiantly! And afterwards, men in tall hats and gold watch fobs will thump their chests and say what a brave charge it was.”

General Buford’s men organized their soldiers in defensive lines blocking the only road 20,000 Confederates had into Gettysburg the morning

of July Buford informed his commander that he expected to hold on for two hours, what with being outnumbered almost seven to one. The main Union support regiments were 10 miles away. Buford told his men they had to hold until reinforcements arrived. When they arrived, General Buford greeted the rebels with “There’s the Devil to pay.”

Buford’s hopes were that his men could hold their ground for two hours once fighting started; Buford’s men held the high ground for eight hours.

Confederate general Robert E. Lee’s troops wound up making a famous frontal attack across a mile worth of uphill charge led by a general named Picket. Thousands died just as Buford predicted. And despite Lee’s troops winning the battles of July 1 and 2, the suicidal Confederate attack of General Picket was overwhelmed by the Union forces on the high ground and the battle of

Gettysburg ended as a Union victory. The victory was the beginning of the end. A 24 months later Lee surrendered.

The United States of America won the war because it won the Battle of Gettysburg.

Now, a brainless Marjorie Taylor Greene (MTG), Republican House member representing Georgia’s 14th congressional district, is calling for a “national divorce” of “Red” states and “”Blue” states, Red being Republican. That is stupid. Moreover, the “Blue” people of 1861 were pro-slavery Democrats. They were, by definition in the Constitution TRAITORS as they made “war on the United States.”

Now it's MTG’s turn. A “national divorce” didn’t work in 1861. The people that tried it then we're stupid and traitors. MTG is just plain stupid. Is she a traitor also, like her ancestors that ripped the country apart and slaughtered 600,000 Americans? We’ll see.

Opinions in this article are not necessarily those of the Publisher or Editor

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Funded by the Neighborhood Improvement Fund

WHAT IS THE NEIGHBORHOOD BEAUTIFICATION PROGRAM?
The Neighborhood Beautification Program (NBP) grant provides funding to Detroit-based block clubs, neighborhood associations, nonprofit organizations, and faith-based organizations to carry out a project on up to four vacant lots in their community. **Nonprofit and faith-based organizations must partner with a City-registered block club.**
Applicants must currently own the lots or purchase them from the Detroit Land Bank Authority. Awards range from \$500 to \$15,000.

STEP 1	APPLICANT ELIGIBILITY	STEP 3	DESIGN YOUR PROJECT
	- Must be registered with the Department of Neighborhoods. - Must be designated as a 501c(3). - Organizations without a 501c(3) designation can partner with one (see required Partnership Letter). - To register your block club with the Department of Neighborhoods, visit bit.ly/3yjnBDR.		- Community gardens: - Raised beds for vegetables, flowers, or crops - Fruit and shade trees - Ornamental gardens - Public space improvements: - Landscaping - Benches and tables - Art installations - Fencing or boulders - Clean-up activities: - Brush clearing - Grading and seeding - Street/alley clean-ups - Graffiti and litter removal
STEP 2	SELECT YOUR SITE		
	- If you already own the lot(s), move to Step 3 to apply for the grant. - If you wish to purchase lots, identify property in your neighborhood on: https://buildingdetroit.org/purchase_property - To apply to purchase a lot, visit https://bit.ly/3yjn16j		

QUESTIONS?
Contact Samuel Coons or Karmel Reeves at Samuel.Coons@detroitmi.gov or Karmel.Reeves@detroitmi.gov.

TO APPLY, VISIT: <https://www.waynemetrol.org/neighborhood-beautification-grant/>

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This project is subject to MBE/WBE, Detroit Resident, and Section 3 Requirements.

For bidding documents please e-mail Kaitlin Hodgson at khodgson@obriencc.com



OFERTA LABORAL

Contratista General: O'Brien Construction Company, Inc.

Proyecto: La Joya Gardens

SE SOLICITAN CONTRATISTAS Y PROVEEDORES DE LA SECCIÓN 3 Y WBE/MBE (Empresas Comerciales de Mujeres o Grupos Minoritarios) PARA SER INCLUIDOS EN EL PROYECTO DE CONSTRUCCIÓN.

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Este proyecto está sujeto a los requerimientos de MBE/WBE, Detroit Resident y la Sección 3.

Para solicitar los documentos de licitación, envíe un correo electrónico a Kaitlin Hodgson a khodgson@obriencc.com

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If water usage exceeds 4,500 gallons (equivalent to 6 CCF) per month, the household will be charged for the additional usage based on DWSD's new inclining block rate structure.

WHO IS ELIGIBLE?

Income-eligible Detroit households include:

- The 2,500 households currently enrolled in WRAP will be auto-enrolled in DWSD's Lifeline Plan
- The 19,000-plus households who were previously in WRAP can immediately qualify and will be contacted by Wayne Metropolitan Community Action Agency
- Low-income-eligible households
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Salud/Health

Take These 6 Steps to Manage Your Blood Pressure

(StatePoint) High blood pressure, also known as hypertension, affects nearly half of adults in the United States, and only about 1 in 4 with this condition have it under control, according to the Centers for Disease Control and Prevention (CDC). Hypertension can be dangerous and in many cases, fatal. In 2020, it was a primary or contributing cause of more than 670,000 deaths nationwide. Medical experts say that controlling your blood pressure is possible and it starts with having the right information.

“Nearly half of all American adults have high blood pressure, and many don’t even know it. High blood pressure is a ‘silent killer,’ often having no overt symptoms, but increases the likelihood of heart attack, stroke and other serious health risks. I urge you to know your numbers and make the simple lifestyle changes that can help you control your blood pressure and live a long and healthy life,” says Jack Resneck Jr., M.D., president of the American Medical Association (AMA).

To get on the right track, consider these tips and insights from the AMA:

1. Know your numbers. Hypertension is diagnosed when your systolic blood pressure is

greater than 130 mmHg or your average diastolic blood pressure is greater than 80 mmHg. Visit ManageYourBP.org to better understand your numbers.

2. Monitor blood pressure. Once you learn your blood pressure numbers, take and keep regular records using an at-home blood pressure monitor. For an accurate reading, the CDC says to sit with your back supported for 5 minutes before starting and wait at least 30 minutes after drinking or eating a meal. You should also avoid stimulants for at least 30 minutes beforehand, as the CDC says that smoking and drinking alcohol or caffeine can elevate your blood pressure. If you take medication for hypertension, measure your blood pressure before your dose. Share your numbers with your health care provider.

3. Eat right. Reduce your intake of processed foods, especially those with added sodium and sugar. Eat less red meat and processed meats, and add more plant-based foods, such as vegetables, fruits, nuts, seeds and olive oil to your diet. Also, reduce your consumption of sugar-sweetened beverages and drink more water instead. Drinking sugary beverages, even 100% fruit juices, is associated with a higher all-cause mortality



risk, according to a study published in JAMA Network Open.

4. Drink alcohol only in moderation. If consuming alcohol, do so in moderation as defined by the U.S. Dietary Guidelines for Americans -- up to one drink per day for women and two drinks per day for men, and only by adults of legal drinking age.

5. Be more physically active. Do at least 150 minutes a week of moderate-intensity activity, or 75 minutes a week of vigorous-intensity activity. Be sure to include a mix of cardiovascular exercise, strength training and flexibility. Obtain guidance from your doctor if you aren’t sure if it is safe for you to exercise.

6. Maintain a healthy weight. If you are overweight, losing

as little as 5 to 10 pounds may help lower your blood pressure. Consult your doctor about safe ways to maintain a healthy weight.

“Unmanaged hypertension can have life-altering consequences,” says Dr. Resneck. “The good news is that there are many ways you can take control of your blood pressure and your health.”

Cómo elegir fácilmente artículos de primavera esenciales para el hogar

(StatePoint) Lo que sea que incluyan sus planes de primavera – limpiar sus espacios de vida de arriba abajo o adoptar una rutina de ejercicios al aire libre–, quizás necesite algunos suministros para el hogar a fin de impulsar sus tareas de temporada.

Con tantos productos nuevos que se introducen todo el tiempo, tanto en los estantes de las tiendas como en línea, es posible que se pregunte qué artículos ya han pasado la prueba de otros consumidores. Afortunadamente, existen recursos para ayudarlo a ponerse al día rápidamente sobre lo mejor del grupo. Product of the Year USA, el mayor programa de premios centrado en la innovación de productos concedidos mediante voto por los consumidores, anunció recientemente los ganadores de los premios Product of the Year 2023. Determinados a través de un estudio nacional de 40,000 compradores estadounidenses en asociación con Kantar, líder mundial en investigación de consumidores, el empaquetado de cada uno de los ganadores presume de un sello rojo de aprobación.

“Los consumidores inteligentes de hoy esperan productos que sean inteligentes, eficientes y fáciles de usar. Al mismo tiempo, la cantidad de acceso que tienen a diferentes mercancías no tiene precedentes”, dice Mike Nolan,

Presidente y Director General Mundial de Product of the Year Management. “Estamos orgullosos de ofrecer a los compradores y sus familias orientación e información confiables a medida que recorren sus muchas opciones”.

Demostrando las tendencias en constante evolución que se observan en el mercado de los EE.UU., los ganadores del año son un resumen de los mejores productos en cuanto a función, diseño, embalaje o ingredientes. A medida que se abastece de los artículos de primavera esenciales, tenga en consideración a los siguientes 16 ganadores en las categorías de cuidado personal y del hogar:

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- Limpiador corporal | Dial Body Wash – Henkel
- Cuidado del automóvil | Rain-X Truck & SUV Wiper Blade – ITW Global Brands/ Rain-X
- CBD | Gomas para dormir con CBD – Sky Wellness
- Salud infantil | Masticables para alergias ZYRTEC para niños – Johnson & Johnson Consumer Health
- Salud digestiva | Dulcolax Chewy Fruit Bites – Sanofi Consumer Healthcare
- Crecimiento del cabello | Nature’s Bounty Optimal



Solutions Hair Growth – Nestlé Health Science

- Limpieza del hogar | Desinfectantes de la marca FamilyGuard – S.C. Johnson & Son
- Artículos esenciales para el hogar | Ziploc Endurables – S.C. Johnson & Son
- Alivio inmediato | Bálsamo Labial Carmex Weather Guard – Laboratorios Carma
- Colchón | Colchón Nectar Premier – Resident Home LLC

- Alivio tópico del dolor | Icy Hot Pro – Sanofi Consumer Healthcare
- Control del peso | Nature’s Bounty Optimal Solutions Metabolism Booster – Nestlé Health Science
- Dispositivo de bienestar | Aspercreme Flexi-Motion – Sanofi Consumer Healthcare
- Suplemento de bienestar | Nature Made Wellblends – Pharmavite LLC
- Suplemento diario para

mujeres | Nature’s Bounty Optimal Solutions Advanced Hair Skin & Nails – Nestlé Health Science

Para obtener información adicional sobre los ganadores de este año, visite productoftheyearusa.com.

Ya sea que tienda a comprar artículos esenciales para el hogar en línea o en tiendas físicas, es inteligente confiar en recursos que puedan ayudarlo a tomar mejores decisiones.



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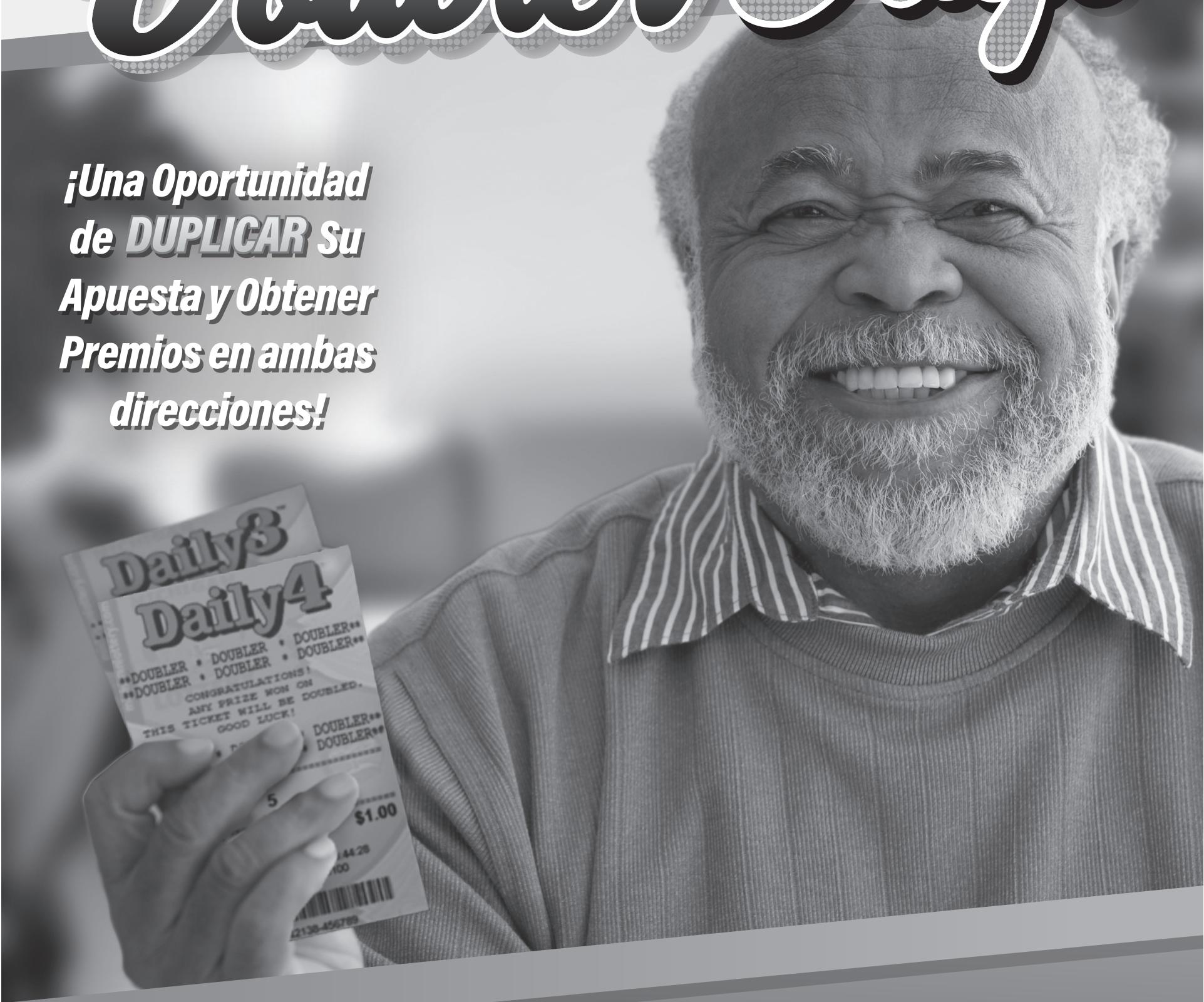
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